

Los Altos Hills- Emergency Communications by Amateur Radio

Training Bulletin

Grab 'n Go Kits

May 1, 2002

Typical HAM Emergency Frequencies

SV 145.17 94.8
 PA 145.23 (-)
 MV 146.535 (S)
 LA 145.57
 LAH 147.435 (S)
COMMAND 1 CITY EOC TO COUNTY EOC 146.115(+) PL 100.0
COMMAND 2 CITY EC TO COUNTY DEC 440.1(+) PL 100
Packet KE6AGJ-1 144.910 and 223.660

◆ **Grab 'n Go Kits** are like checklists and pilot bags to an aircraft pilot. Once you leave the ground you are on your own.

First, secure yourself, your family, and your property. Then, consider providing emergency service. Check the resource net; you might not be needed immediately while your adrenalin is high. Be sure you know what skills you can offer and make these known ahead of time and especially to the resource net. As an AEC or ham radio emergency communicator, your primary task is to get messages delivered in a timely way, accurately, in spite of communications difficulties.

Drill, ARES 20 April Simulated Flash Flood situation from creeks.

AEC to assume town net control from LAH EOC and communicate to county as required. Call county for backup resources for terrain examination. Report flood threat. Communicate to mobile hams in LAH, including mutual aid helpers.

Town Repeater News & Station Expansion

EC supports the ideal of having a LAH town Repeater in the VHF or UHF band. Until the repeater is running solidly and frequency availability is assured, simplex remains the means to use at the noted frequency. EC is also supporting the idea of a town-hosted HF station, for reasons of training, health and welfare traffic for town and neighboring regions, and general ham socialization leading to more recruitment.

Grab 'n Go Kit Contents – adjust to suit yourself

Radio	Operations	Official	Comfort	Other
HT/Mobile radio	Pencil / Paper	CA DL	24 hr clothes	Notes to family/friends
Antenna	Compass	Radio licenses	Personal hygiene kit	Tape
Batteries/charger	Maps - AAA, local streets, 7.5' quad. Pathway map	DSW card	Medicines – your own	Markers
MIC/headphones	Repeater Codes	Insurance Cards	Food/cup/spoon	
Fuses	Radio manual	Visible ID/recognition	Cash/quarters	
Power adaptation	Electronics tools	Red Cross/S&R, certifications	Candle lantern/matches	
Antenna adapter	Flashlight, Voltmeter Pliers/cutter/knife	Resources list - hams		

What goes wrong? Fuses, directions, phone lists, schedule, forms, procedures. You can't find your grab-n-go kit. Consider leaving a good portion of it in your car. Garage collapsed on the car? Put some things in your outside emergency cache. Forgot the food? Call for it via radio. At emergencies, the help is well fed.
For earthquakes, plan on no relief for three days.
 Maybe the papers will get wet; the little cables and small parts will get tangled. Pack in zip lock plastic bags.
 Don't let it bother you too much. Learn from it, adjust, and move forward. We'll always have another emergency sometime so you don't have to be perfect. Showing up is half the job.

When all is a mess, consider sending a courier to Los Altos EOC, inside their police station, if no one is at our town. Alternatively, go to the Fire Station at Foothill College for help. At the first place, there will be someone there, 24x7. In a major emergency in our hills, the Fire department is likely to be out on call. If you can wait for them, stay and maintain communication with the LAH EOC.