

Grab-n-Go Kit Checklist

Day Pack (8 hours or less)

Equipment

- 2M/440 handheld radio (2 meter minimum)
 - Instruction manual or cheat sheet
 - Car/cigarette lighter adapter
 - Charged batteries (alkaline and rechargeable)
 - Ear/headphone

Antennas

- 2m mag mount antenna and cable
- Roll-up J-pole
- Adapters to connect your HT to other connector types (anything-to-anything kit is better)
- Coax cable and connectors to attach to other/remote antenna

Clothing

- Jacket
- Boots/closed toe shoes
- Rain gear
- Warm clothing (in layers)
- Vest for identification
- Hard hat for safety

Personal

- Identification
- Driver's License
- DSW card / paperwork
- Radio License
- Name tag
- Prescription medications
- list of meds with dosage amounts
- Tylenol/aspirin/Imodium/antacids
- Eye glasses and spares
- Sun glasses
- Sun screen lotion (SPF 30+)
- Pre-moistened towelettes
- Timepiece/clock
- Food (Granola bars/high calorie snacks)
- Water
- First Aid Kit
- Insect Repellent

Supplies

- Maps (Thomas Guide maps preferred)
- Message forms
- Notepaper
- Pens/pencils (lots of them, they wander off)
- List of County/City frequencies and repeaters
- Repeater directory
- Emergency phone numbers for police and fire.
- Personal emergency contact information

Miscellaneous

- Small toolkit
- Pocket/utility knife or Leatherman
- Flashlight and batteries
- Gas in car (at least ½ full at all times)
- Calling card
- Money (paper and coin)

Multi-Day Pack (2 or more days)

Equipment

- HT battery charger
- Extra batteries
- Radios other than 2 meters
- Mics, headphones, power for radios
- Antennas with mounts
- Additional coax cable
- Sealed lead-acid or gel-cell batteries (longer term power)
- Toolkit
 - Screwdrivers
 - Pliers
 - Socket set
 - Electricians tape
 - Soldering iron and solder
 - VOM
- Extension cords (both 110V and 12V)

Clothing

- Two to three changes of clothing
- Warm jacket
- 2nd pair of shoes
- Personal
- 3 days of drinking water
- 3 days of food
- Mess kit and utensils
- Soap for hands and cleaning mess kit
- Toilet paper
- Toiletries
- Prescription meds for multiple days (keep list)
- Miscellaneous
- Cell phone and charger
- Portable AM/FM radio and batteries
- Extra flashlight batteries
- Light sticks
- Binoculars
- Sleeping bag
- One-man tent
- Folding chair
- Folding table
- Generator with gas
- Small cooler to keep items cold/protected